

Aveda sensory journey: a ritual preceding all Aveda treatments.

Sense the Key Elements and find the nurturing aromas that soothe, calm or exhilarate you!

⊙ Fusion Stone Massage

- ▣ Experience the aromatic power of Aveda Pure Flower and Plant Essences fused with the sensation of smooth stone massage. Your chosen aroma will encompass the senses while opposing sensations of warm and cold stones combined with massage techniques balance, soothe and invigorate your body.

50 min Chf 160.–

80 min Chf 240.–

⊙ Herbal Body Mask

- ▣ Complete body facial through exfoliation; herbal body mask; detoxifying aromatic steam bath and a hydrating body massage to cleanse, purify and deeply relax.

80 min Chf 220.–

⊙ Back Treatment

- ▣ An intensive back treatment to cleanse skin (with comedone extraction) and remove muscle tension. A combination procedure of cleansing, toning, exfoliation, foot and scalp massage and a herbal mask. Leaves skin soft and smooth.

50 min Chf 160.–

⊙ Stress-fix™ Massage

- ▣ Stress-relieving massage with lavender, lavendine & lemon balm essences. This Swedish massage method, combines «Deep Tissue», foot reflexology and acupressure techniques and leaves you feeling completely de-stressed, at peace and fully regenerated

60 min Chf 170.–

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🕒 Aqua Polish

▣ A skin refining body exfoliation with natural mineral sea salts enhanced by a personalized aromatic steam bath to detoxify, and a hydrating body massage resulting in ultra conditioned soft polished skin, in a new sense of balance.

50 min Chf 160.–

🕒 Hydrotherm Massage

▣ Based on the same technique as above, this massage benefits to the physical and mental stresses that occur during pregnancy, avoiding any undue pressure on your abdomen. Many women find that floating on the Hydrotherm cushions is not unlike the sensations their baby feel in the womb, thus creating a connection with their baby on a whole new level.

50 min Chf 160.–

80 min Chf 240.–

🕒 Salt glow body scrub

▣ Body exfoliation with a cream made of crushed walnut shells. A technique to remove impurities, dulling surface cells and rough, textured skin. Refines skin, increases circulation, leaving skin soft, smooth and moisturized. A 25 min relaxing massage is included in the 50 min treatment

25 min Chf 95.–

50 min Chf 150.–

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